

BREAKFAST

AVAILABLE DAILY UNTIL 11AM

HEALTHY START

Toast and Spreads	7.0
Your choice of sourdough, chia, grain fusion, raisin or gluten free bread with your favourite spreads	
House-Made Bircher Muesli	9.0
Black currants, dried cranberries, banana and strawberries	
House-Made Granola	10.0
Served with natural yoghurt and spiced poached fruit compote	
Seasonal Fruit Salad	10.0
A selection of seasonal and tropical fruits served with natural yoghurt	
Acai Bowl	13.9
Blended banana and coconut juice with house-made granola, coconut and seasonal fruit	
Protein Pancakes (3)	12.0
Served with banana and fresh orange reduction	
The V & G Free	16.5
Vegetarian and Gluten Free sweetcorn fritters served with tomato, cucumber, poached eggs and lemon oil salsa	
The Boss	14.5
Breakfast Open Sandwich served with smashed avocado, tomato, red onion, poached egg and chilli jam	

KICK START

Eggs Your Way	11.0
Poached, scrambled or fried eggs on toasted sourdough	
Healthy Omelette	16.5
Red peppers, baby spinach, mushrooms, asparagus and light cheddar cheese served with toasted Turkish bread	
Eggs Benedict	13.0
Perfect poached eggs served on a toasted English muffin with bacon or ham, sautéed spinach and homemade hollandaise sauce. <i>Substitute with salmon for \$5</i>	
Country Style Savoury Mince	17.5
Chipotle spiced mince and haricot beans in tomato sauce served with toasted sourdough and two poached eggs	
Mexican Breakfast Tacos	19.0
Oven baked white beans with tomato, avocado, pork sausage and red pepper with a fried egg and soft tortillas	
The 9-Hole Breakfast	15.0
Two eggs, bacon, thyme roasted tomato, hash brown and toast	
For the Longest Drive	19.0
Eggs, bacon, herb roasted mushrooms, hash browns, chipolatas, balsamic roma tomato, baked beans and toast	

ON THE RUN

Bircher Muesli	9.0
With currants, dried cranberries, banana and strawberries	
Breakfast Muffin	10.0
Crispy bacon and fried egg muffin with barbecue sauce	
Ham and Cheese Croissant	10.5
A jumbo croissant filled with ham, Swiss cheese and green tomato relish	
Grilled Ham and Cheese Toasted Sandwich	10.0
Served on thick cut, wholemeal bread with shaved ham and cheddar cheese	
The Toasted Turkish	12.9
With scrambled egg, tomato, crispy bacon, cheese and chilli jam	
The Veggie Burrito	13.9
With spinach, tomato, braised beans, sautéed mushrooms and cheddar cheese	

ADD ONS

Sautéed spinach	4.0
Hash Brown	4.0
Baked beans	4.0
Grilled tomato	4.0
Pork chipolatas (3)	4.0
Bacon (two rashers)	4.0
Sautéed mushrooms	4.0
Avocado	4.0
Huon smoked salmon	5.0

Try our delicious smoothies, cold press juices or a premium LOCALE Coffee.



SANCTUARY COVE
GOLF AND COUNTRY CLUB



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